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New Student Programs

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Housing and Residence Life

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Career Services

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Academic Transition Programs

Case Study Summary

- **Dean of Students told Activities Director to form a committee**
- **Committee was formed in response to students not engaging or interacting during virtual programming and curriculum**
- **First-year students are a point of concern, but make a program for everyone**

Rationale

- **Chickering's Theory of Identity Development**
- **8 Dimensions of Wellness**
- **Social Change Model: 7 C's**
- **Tinto's Departure Theory**

CONNECT 8 Mission Statement

CONNECT 8 strives to foster holistic development of students by establishing an inclusive environment that encourages self-reflection, academic and career achievement, and community building among students and the campus. We do this by catering to the needs of students by utilizing cross-functional collaboration to provide students with an array of resources. It is our hope that CONNECT 8 will enable students to matriculate successfully to aid in higher retention and increased graduation rates.

C - Community
O - Opportunity
N - Narrate
N - Navigate
E - Engage
C - Commit
T - Transform



Social Change Model

- **Consciousness of self**
- **Congruence**
- **Commitment**
- **Common purpose**
- **Controversy with civility**
- **Collaboration**
- **Citizenship**

Chickering's Theory of Identity Development

7 Vectors:

- Developing Competence
- Managing Emotions
- Moving Through Autonomy, Towards Interdependence
- Developing Mature, Interpersonal Relationships
- Establishing Identity
- Developing Purpose
- Developing Integrity

Tinto's Theory of Student Departure

To persist, students need integration into:

- academic systems
 - formal (academic performance)
 - informal (faculty/staff interactions)
- social systems
 - formal (extracurricular activities)
 - informal (peer-group interactions)

Why CONNECT 8

- **CONNECT 8 is an eight-week immersive program dedicated to fostering community, increasing social engagement, and developing student's holistic self. Each week will be dedicated to a central theme and utilize a variety of student development literature.**
- **These programs will virtually engage students through various activities, reflections, events, and community building.**



**Partnerships, Marketing,
and Registration**

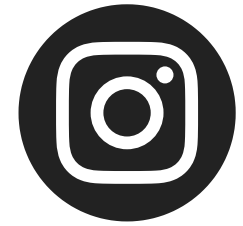
Partnerships

CONNECT 8 will collaborate with campus partners to ensure a holistic experience for all students who want to register and attend the program.

Campus Partners:

- First-Year Experience
- IT Department
- Academic Affairs
- Housing and Residence Life
- Student Involvement

Marketing



c.o.n.n.e.c.t.8

- **Marketing Campaigns**
 - **Connect with Us**
 - **I Commit to _____**
 - **8 Dimensions of Wellness**
- **Marketing Materials**

Registration

Students will be able to register for CONNECT 8 using the [google form](#). The form will be marketed through social media, residence halls, and HART University's Course Management System.



Learning Outcomes

This program will:

- 1** *Develop students holistically using the 8 different dimensions of wellness.*
- 2** *Foster positive relations between students by engaging them in our 8-week program.*
- 3** *Encourage the best academic and professional practices through career exploration, reflection activities, resource promotion, and small group activities.*



Program Outline

Week 1: Community



- **Icebreaker Activity**
 - Kumospace - virtual platform with various spaces, reflecting the campus environment to encourage interaction and engagement among participants
- **Community Reflection Worksheet / Reflection**
 - What does community mean to you?
 - General definition of community
 - Draw a picture to depict your definition of community
 - Develop three action items for how you plan to build community at HART University
- **Word Bubble**
 - Pick a word to describe your first week at HART University
- **Chickering's Environmental Influences** - *Friendship/Student Communities*
- **Tinto's Theory of Student Departure**

Week 2: Opportunity



- **Career Exploration**
 - FOCUS 2 Assessment
- **Breakout Activity**
 - **Groups developed based on Holland Code**
 - Realistic
 - Investigative
 - Artistic
 - Social
 - Enterprising
 - Conventional
- **Reflection Questions**
 - Examples: Are you still confident in your intended major? Has your future career path changed based on these results?
- **Chickering's 7 Vectors of Development - Developing Purpose**

Week 3: Narrate



- **Develop Your Story**
 - Timeline Activity - Map out 10 influential moments in your life and how they have shaped you into who you are today
- **Pair Share Your Story**
- **Blaze Your Trail**
 - Develop four goals and a mantra for your time at HART University
 - Create a vision board using Jamboard
- **Chickering's 7 Vectors of Development** - *Establishing Identity*

Week 4: Navigate



- **Financial Planning Panel**
 - Partners Present:
 - Financial Aid Office
 - Student Government Association
 - Student Activities
 - HART Business School
 - HART County Community Bank
- **Student Employment Virtual Fair**
 - Speed Interviews for On-Campus Employment
 - Resume Reviews

Week 5: Engage



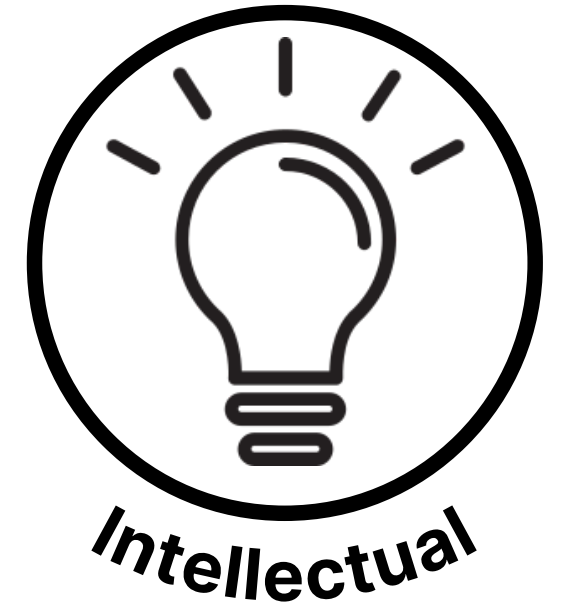
- **Icebreaker**
 - The Shoes You're In
- **Breaking Down Vulnerability**
 - What Does It Mean to Be Vulnerable?
 - Drawback and Benefits of Being Vulnerable
 - Overcoming Barriers of Being Vulnerable
- **Social Change Model**
 - 7 C's of Social Change
- **Chickering's 7 Vectors of Development** - *Managing Emotions*

Week 6: Commit



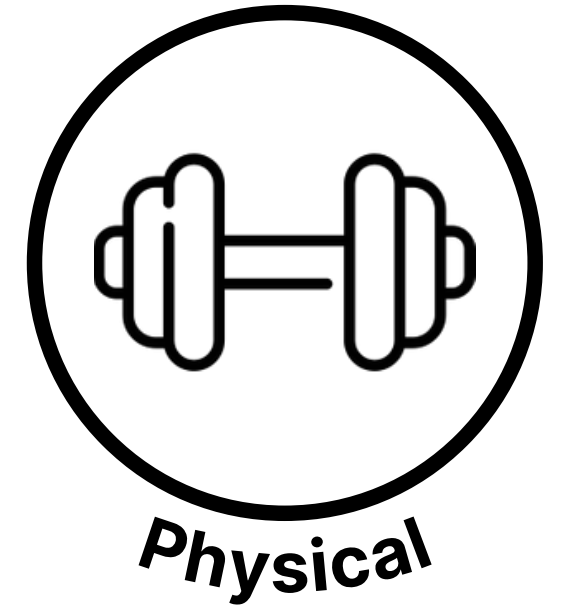
- **Journal / Reflection Activity**
 - Spend 30 minutes outside:
 - What did you see?
 - What did you hear?
 - How was the overall experience?
 - Sketch your view
- **Pair Share Your Journal Entry**
- **Make a Commitment Statement**
 - I Commit to _____
 - Spending more time outdoors
 - Leaving spaces cleaner than I found them
 - Being an active member of the HART University community

Week 7: Transform



- **Breakout Session**
 - Separate students by their majors
 - Review program plan of study
- **Create an academic success plan**
 - Identifying areas of support for academic success
 - Professional development outside of class
- **Chickering's Environmental Influences** - *Curriculum*
- **Tinto's Theory of Student Departure**

Week 8: Move



- **Social Media Challenge**

- Record yourself navigating campus and participating in campus activities
- Students can participate through Instagram, Twitter, and/or Facebook
- Group with the most physical engagement wins

Dinner with the Dean

- **Get Active on Campus**

- Record your exercise minutes and being active on campus
- How can you be active and healthy on campus?
- What new practices have you implemented?

Program Debrief

- The utilization of student development theories, wellness models, and the social change model has been proven to increase engagement if facilitated timely and effectively
- Integrated real-time assessment will be used to gain assessment week to week
- Participation in one week will yield results but participation in the full 8-week program is encouraged for maximized holistic development
- By connecting students to various campus resources, engagement is encouraged beyond the CONNECT 8 program

References

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